












September, 2014

Clay Senior Activity Center

681-0238


Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
1 Closed For Labor Day	2 Games Nutritional Information	3 10th Anniversary Celebration 	4 Games	5 Grandparent's Day September 7th Bring pictures of your Grand and Greatgrand- children 7 Bit Holsombeck
8 Bingo and Bridge	9 Games 	10 Games Nutritional Information	11 Fireman Recognition 9/11 Games 	12 Devotion with Beth  Sue Gamble
15 Nutritional Information Games	16 Games	17  Price is Right Game	18 Games	19 Back to School Bring Year Books or pictures Games 
22 Bingo and Bridge 	23 Games	24 Nutritional Information Games	25 Games 	26 Games 27 Leroy Barber 28 Ruth Bishop
29 Bingo and Bridge	30 Games 		September Birthdays in Blue 	Center is open Monday-Friday 9 a.m.—1 p.m.

SEPTEMBER

ADSS NUTRITION PROGRAM

SUMMER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Centers Closed 	2 <u>Menu 7</u> Blended Juice BBQ Rib Patty Butter Beans Summer Vegetables Wheat Bread Margarine Oatmeal Crème Pie Milk	3 <u>Menu 8</u> Chicken Broccoli Rice Casserole Cabbage Cold Country Tomatoes Fresh Fruit Wheat Bread Margarine Chocolate Cake Milk	4 <u>Menu 9</u> Orange/Pineapple Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Mustard Greens Cornbread Margarine Chocolate Pudding Milk/Buttermilk	5 <u>Menu 10</u> Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk
8 <u>Menu 11</u> Apple Juice Grilled Pork Patty/Brown Gravy Country Potatoes Mixed Vegetables Whole Wheat Bread Margarine Raisin Crème Pie Milk	9 <u>Menu 12</u> Grape Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	10 <u>Menu 13</u> Teriyaki Meatballs (3) Buttered Rice Broccoli and Carrots Fresh Fruit Wheat Bread Margarine Strawberry Gelatin Milk	11 <u>Menu 14</u> BBQ Chicken Diced Brussels Sprouts Four Seasons Blend Sliced Peaches Hamburger Bun Yellow Cake Milk	12 <u>Menu 15</u> Orange Juice Meatloaf/Brown Gravy Delmonico Potatoes Mixed Greens Cornbread Margarine Lemon Pudding Milk/Buttermilk
15 <u>Menu 16</u> Orange/Pineapple Juice Beef Tips/Rice Green Peas/Diced Red Peppers Okra & Tomatoes Wheat Bread Margarine Lemon Cake Milk	16 <u>Menu 17</u> Baked Chicken Thigh Whipped Potatoes Spinach Green Bean Salad Wheat Bread Margarine Fig Bar Milk	17 <u>Menu 18</u> Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	18 <u>Menu 19</u> Grape Juice Ham & White Beans California Vegetables Macaroni Salad Cornbread Margarine Sugar Cookies-2 Milk/Buttermilk	19 <u>Menu 20</u> Blended Juice Chicken Parmesan Whole Wheat Pasta Italian Green Beans/Red Peppers Wheat Breadstick Margarine Orange Pineapple Gelatin Milk
22 <u>Menu 1</u> Orange Juice Swiss Steak Whipped Potatoes Green Peas Wheat Bread Margarine Nutty Buddy Milk	23 <u>Menu 2</u> Chicken Alfredo Country Corn Broccoli/Carrots Fresh Fruit Wheat Roll Margarine Birthday Cake Milk Alternate: Chicken Cordon Bleu Casserole	24 <u>Menu 3</u> Tomato Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Chocolate Chip Cookies - 2 Milk/Buttermilk	25 <u>Menu 4</u> Smoked Sausage Red Beans & Rice Country Vegetables Fresh Fruit Hot Dog Bun Diced Onions Mustard Cherry Gelatin Milk	26 <u>Menu 5</u> Grape Juice Spaghetti Casserole Green Beans Tossed Salad/Ranch Dressing Wheat Breadstick Margarine Assorted Snack Cakes/Cookies Milk
29 <u>Menu 6</u> Cranberry Juice Beef Fingers(3)/Brown Gravy Buttered Rice Confetti Carrots Whole Wheat Bread Margarine Oats & Honey Graham Cookie Milk	30 <u>Menu 7</u> Blended Juice BBQ Rib Patty Butter Beans Summer Vegetables Wheat Bread Margarine Oatmeal Crème Pie Milk			